


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2 Weekly PD Group 11:00am-12:30pm PT <a href="http://bit.ly/supportgroupcpcla">bit.ly/supportgroupcpcla</a>  Women with PD 7:00pm-8:30pm PT <a href="http://bit.ly/PCLAwomenPD">bit.ly/PCLAwomenPD</a>  Care Partner Connection 7:30pm-8:30pm PT <a href="http://bit.ly/CarePartnerConnection">bit.ly/CarePartnerConnection</a>	3 Caregiver Cafe 11:00am-12:30pm PT <a href="http://bit.ly/supportgroupcpcla">bit.ly/supportgroupcpcla</a>	4 Men with Parkinson's 11:00am-12:00pm PT <a href="http://bit.ly/menwithpd">bit.ly/menwithpd</a> Password: 12345 <i>Theme: Masculinity and Parkinson's</i>	5 <b>**online event**</b> Mental Health & Parkinson's: Strategies to Boost Your Wellbeing 11:00am-12:00pm PT <a href="http://bit.ly/PCLAwellbeing">bit.ly/PCLAwellbeing</a>	6
7	8 <b>**in-person support group**</b> Sharing Our Strength 10:30am-12:00pm PT RSVP: <a href="mailto:nessaweinman@yahoo.com">nessaweinman@yahoo.com</a> Westwood Presbyterian Church 10822 Wilshire Blvd, Los Angeles, CA 90024	9 Weekly PD Group 11:00am-12:30pm PT <a href="http://bit.ly/supportgroupcpcla">bit.ly/supportgroupcpcla</a>  Care Partner Connection 7:30pm-8:30pm PT <a href="http://bit.ly/CarePartnerConnection">bit.ly/CarePartnerConnection</a>	10	11	12 Cuidadores tengamos una charla (en Español) 10:00am-11:30am PT <a href="http://bit.ly/unidosconpcla">bit.ly/unidosconpcla</a> Password: bailando	13
14	15	16 Weekly PD Group 11:00am-12:30pm PT <a href="http://bit.ly/supportgroupcpcla">bit.ly/supportgroupcpcla</a>  Women with PD 7:00pm-8:30pm PT <a href="http://bit.ly/PCLAwomenPD">bit.ly/PCLAwomenPD</a>  Care Partner Connection 7:30pm-8:30pm PT <a href="http://bit.ly/CarePartnerConnection">bit.ly/CarePartnerConnection</a>	17 Living with Loss 7:00pm-8:30pm PT <a href="http://bit.ly/LivingWithLossPCLA">bit.ly/LivingWithLossPCLA</a>	18 Advancements in Parkinson's Disease 11:00am-12:00pm PT <a href="http://bit.ly/PDAdvancements">bit.ly/PDAdvancements</a> <i>brought to you by</i>  <b>Abbott</b>	19	20
21	22	23 Weekly PD Group 11:00am-12:30pm PT <a href="http://bit.ly/supportgroupcpcla">bit.ly/supportgroupcpcla</a>  Care Partner Connection 7:30pm-8:30pm PT <a href="http://bit.ly/CarePartnerConnection">bit.ly/CarePartnerConnection</a>	24	25	26 <b>**online event**</b> Flying Solo: Staying Connected with Parkinson's 11:00am-12:00pm PT <a href="http://bit.ly/FlyingSoloPD">bit.ly/FlyingSoloPD</a>	27
28	29	30 Weekly PD Group 11:00am-12:30pm PT <a href="http://bit.ly/supportgroupcpcla">bit.ly/supportgroupcpcla</a>  Care Partner Connection 7:30pm-8:30pm PT <a href="http://bit.ly/CarePartnerConnection">bit.ly/CarePartnerConnection</a>	31 Young Onset and "Young at Heart" Support Group 7:30pm-9:00pm PT <a href="http://bit.ly/supportgroupcpcla">bit.ly/supportgroupcpcla</a>	1 Men with Parkinson's 11:00am-12:00pm PT <a href="http://bit.ly/menwithpd">bit.ly/menwithpd</a> Password: 12345 <i>Theme: Parkinson Warriors</i>	2	3