Parkinson's Support Groups



MONDAY

Sharing our Strength Support Group

- In-person
- Held on the 2nd Monday of the month @ 10:30am-12:00pm PT
- RSVP: <u>nessaweinman@yahoo.com</u>
- Location: Westwood Presbyterian Church, Hoffman Hall 10822 Wilshire Blvd. Los Angeles, CA 90024

TUESDAY

Weekly Tuesday Support Group

- Virtual
- Held weekly @ 11:00am PT
- Join: bit.ly/supportgrouppcla

Women with Parkinson's Support Group

- Virtual
- Held on the 1st and 3rd Tuesday of the month @ 7:00pm PT
- Join: <u>bit.ly/PCLAwomenPD</u>

Care Partner Connection Support Group

- Virtual
- Held weekly @ 7:30pm PT
- Join: <u>bit.ly/CarePartnerConnection</u>

WEDNESDAY

Care Partner Cafe Support Group

- Virtual
- Held on the 1st Wednesday of the month @ 11:00am PT
- Join: bit.ly/supportgrouppcla

Living with Loss Support Group

- Virtual
- Held on the 3rd Wednesday of the month @ 7:00pm PT
- Join: bit.ly/pclaLWL

Young Onset Support Group

- Virtual
- Held on the last Wednesday of the month @ 7:30pm PT
- Join: bit.ly/supportgrouppcla

THURSDAY

Men with Parkinson's

- Virtual
- Held on the 1st Thursday of the month @ 11:00am PT
- Join: <u>bit.ly/menwithpd</u>
- Password: 12345

FRIDAY

Cuidadores tengamos una charla (en Español)

- Virtual
- Held on the 2nd Friday of each month @ 10:00am PT
- Join: <u>bit.ly/unidosconpcla</u>
- Password: bailando

