

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
30	<p>31 Fun Fitness 9:30am-10:30am PT bit.ly/PCLAFunfit Password: ff2022</p> <p>Weekly PD Group 11:00am-12:00pm PT bit.ly/PCLAEvents</p> <p>Children of PD 7:30pm-8:30pm PT bit.ly/PCLAEvents</p>	<p>1 Caregiver Cafe 11:00am-12:30pm PT bit.ly/supportgroupPCLA</p>	2	3	4
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<p>6 Bailando Unidos (en Español) 9:00am-10:00am PT bit.ly/unidosconpcla Password: bailando</p> <p>Unidos con el Parkinson (en Español) 10:00am-11:00am PT bit.ly/unidosconpcla Password: bailando</p>	<p>7 Fun Fitness 9:30am-10:30am PT bit.ly/PCLAFunfit Password: ff2022</p> <p>Weekly PD Group 11:00am-12:00pm PT bit.ly/PCLAEvents</p> <p>Women with PD 7:00pm-8:30pm PT bit.ly/womenwithpd</p> <p>Children of PD 7:30pm-8:30pm PT bit.ly/PCLAEvents</p>	8	<p>9 Men with Parkinson's 7:00pm-8:00pm PT http://bit.ly/menwithpd This month's theme is Masculinity and Parkinson's</p>	<p>10 Cuidadores tengamos una charla (en Español) 10:00am-11:00am PT bit.ly/unidosconpcla Password: bailando</p>	11
					12
<p>13 Bailando Unidos (en Español) 9:00am-10:00am PT bit.ly/unidosconpcla Password: bailando</p> <p>Sharing Our Strength Support Group 10:30am-11:30am PT http://bit.ly/supportgrouppcla</p> <p>**online event** Let's Talk Care Partners: Practical tips and tricks for life with PD 7:00pm-8:00pm PT bit.ly/PDCarePartnerTips</p>	<p>14 Fun Fitness 9:30am-10:30am PT bit.ly/PCLAFunfit Password: ff2022</p> <p>Weekly PD Group 11:00am-12:00pm PT bit.ly/PCLAEvents</p> <p>Children of PD 7:30pm-8:30pm PT bit.ly/PCLAEvents</p>	<p>15 Living with Loss 7:00pm-8:30pm PT bit.ly/pclaLWL</p>	16	17	18
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<p>20 Bailando Unidos (en Español) 9:00am-10:00am PT bit.ly/unidosconpcla Password: bailando</p> <p>Caregiver Cafe 7:30pm-8:30pm PT bit.ly/supportgroupPCLA</p>	<p>21 Fun Fitness 9:30am-10:30am PT bit.ly/PCLAFunfit Password: ff2022</p> <p>Weekly PD Group 11:00am-12:00pm PT bit.ly/PCLAEvents</p> <p>Women with PD 7:00pm-8:30pm PT bit.ly/womenwithpd</p> <p>Children of PD 7:30pm-8:30pm PT bit.ly/PCLAEvents</p>	22	23	24	25
					<p>26 **in-person event** Sunday in Park with PCLA 3:00pm-5:00pm PT Pan Pacific Park, 7600 Beverly Blvd, Los Angeles, 90036 our first in person event since 2019! Please RSVP: bit.ly/PCLAIinthepark</p>
<p>27 Bailando Unidos (en Español) 9:00am-10:00am PT bit.ly/unidosconpcla Password: bailando</p>	<p>28 Fun Fitness 9:30am-10:30am PT bit.ly/PCLAFunfit Password: ff2022</p> <p>Weekly PD Group 11:00am-12:00pm PT bit.ly/PCLAEvents</p> <p>Children of PD 7:30pm-8:30pm PT bit.ly/PCLAEvents</p>	<p>29 Young Onset and "Young at Heart" Support Group 7:30pm-9:00pm PT bit.ly/supportgrouppcla</p>	30	1	2
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