

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Happy New Year!	2
3	4 Unidos con el Parkinson (en Español) 11:30 am PT - hosted by Lisbeth Garces	5 Weekly Tuesday PD Support group 11 am PT - hosted by Judy Yaras	6	7	8 1st Friday PD Support group moved from 1/1 due to holiday 1-2:30 pm PT, hosted by Judy Yaras	9
10	11 2nd Monday PD Support group 10:30 - 11:30 am PT - hosted by Nessa Weinman	12 Weekly Tuesday PD Support group 11 am PT - hosted by Judy Yaras	13 Children of PD online meetup for adult children caregivers 7:30-8:30 pm PT - with Sarah King & Lora Kurtenbach	14 2nd Thursday PD support group 11 am-12 pm PT hosted by Judy Yaras	16	
17	18 Caregiver Cafe for care partners & family caregivers 7:30-8:30 pm PT - hosted by Judy Yaras	19 Weekly Tuesday PD Support group 11 am PT - hosted by Judy Yaras	20	21 online event Q&A: Cannabis and Parkinson's 11 am - 12 pm PT bit.ly/CannabisPD	22	23
24/31	25	26 Weekly Tuesday PD Support group 11 am PT - hosted by Judy Yaras	27 Young Onset support group 7:30-9 pm PT - hosted by Mike Weinman	28 4th Thursday PD support group 11 am-12 pm PT hosted by Judy Yaras	29	30