PARKINSON’S DISEASE SUPPORT GROUPS IN LOS ANGELES COUNTY
www.pcla.org  •  info@pcla.org  •  (310) 880-3143

PCLA’S SUPPORT GROUPS

CULVER CITY
1st Fridays, 1-2:30 pm
Culver City Veterans Memorial Building, 4117 Overland Ave, Culver City, 90230.
Sandy Yaras, (323) 578-8865, Letstalkaboutparkinsons@gmail.com

LOS ANGELES
“Let’s Talk About Parkinson’s” Group
2nd & 4th Thursdays, 11 am-12:30 pm
Bethel Lutheran Church – ELCA, 5750 W Olympic Blvd, LA, 90036. Sandy Yaras, (323) 578-8865,
Letstalkaboutparkinsons@gmail.com

LOS ANGELES
Young Onset & Young at Heart
Last Wednesdays, 7:30-9:00 pm
Cheviot Hills Recreation Center, 2551 Motor Ave, LA, 90064. Mike Weinman, (310) 344-5639,
mikeweinman@ymail.com

WESTWOOD
2nd Mondays, 10-11:30 am
Westwood Presbyterian, 10822 Wilshire Blvd, LA, 90024. Nessa Weinman, (310) 717-8017,
nessaweinman@yahoo.com

OTHER SUPPORT GROUPS THROUGHOUT LOS ANGELES COUNTY
* This list is compiled by PCLA as a community service. Inclusion does not imply endorsement. Support group times and locations sometimes change; please reach out to the group coordinator before attending to confirm*

BURBANK
Burbank Support Group
4th Thursdays, 10:30 am - 11:30 am
Providence St. Joseph, 501 S Buena Vista St, Burbank, 91505. (818) 847-3271

CLAREMONT
Parkinson’s Explorers Support Group
2nd Saturdays, 10:00 am - 12:00 pm
Joslyn Senior Center, 660 N Mountain Ave, Claremont, 91711. (909) 399-5488

GLENDALE
Glendora Caregiver only Meeting
2nd Wednesdays, 6:30 - 8:30 pm
La Fetra Senior Center, 333 E Foothill Blvd, Glendora, CA 91741. RSVP required: 760-773-5628, info@parkinsonsresource.org

CULVER CITY
Educational PD Meeting
3rd Thursdays, 3:00 pm – 4:00 pm
Paloma Point, 10955 W Washington Blvd
(760) 773-5628, info@parkinsonsresource.org

ENCINO
Encino Caregiver only meeting
3rd Wednesdays, 7:00 pm - 9:00 pm
Rehab Specialists, Inc., 5359 Balboa Blvd
(877) 775-4111, info@parkinsonsresource.org

GLENDORA
Glendora Caregiver only Meeting
2nd Wednesdays, 6:30 - 8:30 pm
La Fetra Senior Center, 333 E Foothill Blvd, Glendora, CA 91741. RSVP required: 760-773-5628, info@parkinsonsresource.org

PCLA’S ONLINE PARKINSON’S SUPPORT GROUP
All you need is a computer/tablet with a camera, microphone, and web connection
Group meets every month: 2nd Tuesdays, 7 pm
Contact Sandy Yaras for info: (323) 578-8865, Letstalkaboutparkinsons@gmail.com
LONG BEACH
VA Long Beach Support Group
1st Saturdays, 1:00 pm - 2:30 pm
VA Long Beach Healthcare System, 5901 E 7th St, Long Beach, 90822. (562) 706-0740
megan.gomez@va.gov

Educational & Caregiver Meeting
1st Wednesdays, 6:30 pm - 8:30 pm
Cambrian Homecare Training Center, 5199 East PCH, Long Beach, 90804. (877) 774-4111, info@parkinsonsresource.org

Long Beach Medical Center Support Group
2nd Wednesdays, 10:00am - 11:00am
LBMC, Miller Children's Pavilion, Conf. Room C, 2801 Atlantic Avenue, Long Beach, 90806. Theresa Stern, (714) 378-5022

LOS ANGELES
Downtown Support Group
2nd Saturdays, 10:00 am - 12:30 pm
Union Church of Los Angeles, 401 E 3rd St, Los Angeles, 90013. (213) 629-3876

MANHATTAN BEACH
Manhattan Beach Educational Meeting
4th Tuesdays, 6:30 pm - 8:30 pm
American Martyrs Parish House, 659 15th St, Manhattan Beach, 90266. (877) 774-4111, info@parkinsonsresource.org

NEwPORT BEACH
Newport Beach Caregiver Only Meeting
2nd Thursdays, 6:30 - 8:30 pm
Oasis Senior Center, 801 Narcissus Ave, Corona Del Mar, CA 92625
RSVP required: 760-773-5628, info@parkinsonsresource.org

PAlMDALE
PD Support Group of Antelope Valley
3rd Tuesdays, 10:00 am - 12:00 pm
Legacy Commons, 930 Ave Q-9, Palmdale, 93550, Joan Osborne, (661) 553-9011

Palm Desert Caregiver Meeting
For caregivers only
1st & 3rd Mondays, 10 - 11:30 am
74090 El Paseo, Suite #104 Palm Desert, CA 92260. RSVP required: 760-773-5628, info@parkinsonsresource.org

RESEDA
Reseda Parkinson’s Support Group
Weekly on Mondays, 1:30 pm
ONEgeneration Senior Center, 18255 Victory Blvd., Reseda, 91335. (818) 705-2345

SAN MARINO
START (“Science, Therapy, Attitude, Research, Teamwork”) support group
3rd Tuesdays, 3:00 – 5:00 pm
San Marino Community Church, 1750 Virginia Road, San Marino, 91108. Barbara Miller, (626) 284-7854, start4pd@gmail.com

SANTA MONICA
Caregiver & Person w/Parkinson’s meeting
1st Thursdays, 7:00 pm – 9:00 pm
Rehab Specialists, 2730 Wilshire Blvd, Santa Monica, 90403 Suite #533
(760) 773-5628, info@parkinsonsresource.org

Santa Monica Educational Meeting
3rd Thursdays, 7:00 pm – 9:00 pm
Rehab Specialists, 2730 Wilshire Blvd, Santa Monica, 90403 Suite #533
(877) 774-4111, info@parkinsonsresource.org

SHERMAN OAKS
4th Thursdays, 1:00 pm - 2:30 pm
East Valley Adult Center, 5056 Van Nuys Blvd, Sherman Oaks, 91403
John Mason, (310) 991-0787

Sierra Madre
3rd Thursdays, 6:30-8:00 pm
Kensington Assisted Living, 245 W. Sierra Madre Blvd., Sierra Madre, 91024
ssciurba@kensingtonsl.com or (626) 355-5700

SIMI VALLEY
Simi Valley Neurowellness support group
(open to those with PD and other neurological disorders)
4th Thursdays, 12 pm
CKO Kickboxing, 2955 Cochran St, Unit A1, Simi Valley 93065
Contact Nikki Lian (805) 210-5880, info@ckosimivalley.com

TORRANCE
People with Parkinson’s South Bay
2nd Saturdays, 2:00 pm - 4:00 pm
Torrance Memorial, Hoffman Conf Center, 3330 Lomita Blvd., Torrance, 90505. Paul Cohen, (310) 200-2575