



A resource from PCLA – updated February 2020

PARKINSON'S DISEASE SUPPORT GROUPS IN LOS ANGELES COUNTY

www.pcla.org • info@pcla.org • (310) 880-3143

PCLA'S SUPPORT GROUPS

CULVER CITY

1st Fridays, 1-2:30 pm
Culver City Veterans Memorial Building, 4117
Overland Ave, Culver City, 90230.
Sandy Yaras, (323) 578-8865,
Letstalkaboutparkinsons@gmail.com

LOS ANGELES

Young Onset & Young at Heart

Last Wednesdays, 7:30-9:00 pm
Cheviot Hills Recreation Center, 2551 Motor
Ave, LA, 90064. Mike Weinman, (310) 344-
5639, mikeweinman@ymail.com

LOS ANGELES

"Let's Talk About Parkinson's" Group

2nd & 4th Thursdays, 11 am-12:30 pm
Bethel Lutheran Church – ELCA, 5750 W
Olympic Blvd, LA, 90036. Sandy Yaras, (323)
578-8865,
Letstalkaboutparkinsons@gmail.com

WESTWOOD

2nd Mondays, 10-11:30 am
Westwood Presbyterian, 10822 Wilshire Blvd,
LA, 90024. Nessa Weinman, (310) 717-8017,
nessaweinman@yahoo.com

PCLA'S ONLINE PARKINSON'S SUPPORT GROUP

*All you need is a computer/tablet with a camera, microphone, and web connection
Group meets every month: 2nd Tuesdays, 7 pm*

Contact Sandy Yaras for info: (323) 578-8865, Letstalkaboutparkinsons@gmail.com

OTHER SUPPORT GROUPS THROUGHOUT LOS ANGELES COUNTY

** This list is compiled by PCLA as a community service. Inclusion does not imply endorsement. Support group times and locations sometimes change; please reach out to the group coordinator before attending to confirm**

BURBANK

Burbank Support Group

4th Thursdays, 10:30 am - 11:30 am
Providence St. Joseph, 501 S Buena Vista St,
Burbank, 91505. (818) 847-3271

CLAREMONT

Parkinson's Explorers Support Group

2nd Saturdays, 10:00 am - 12:00 pm
Joslyn Senior Center, 660 N Mountain Ave,
Claremont, 91711. (909) 399-5488

Young Onset Support Group

3rd Saturdays, 10-11:30 am
The Claremont Club, 1777 Monte Vista Ave.
(909) 625-6791 Bonnie Varian (909) 947-0031

CULVER CITY

Educational PD Meeting

3rd Thursdays, 3:00 pm – 4:00 pm
Paloma Point, 10955 W Washington Blvd
(760) 773-5628, info@parkinsonsresource.org

ENCINO

Encino Caregiver only meeting

3rd Wednesdays, 7:00 pm - 9:00 pm
Rehab Specialists, Inc., 5359 Balboa Blvd.
(877) 775-4111, info@parkinsonsresource.org

GLENDORA

Glendora Caregiver only Meeting

2nd Wednesdays, 6:30 - 8:30 pm
La Fetra Senior Center, 333 E Foothill Blvd,
Glendora, CA 91741. RSVP required: 760-
773-5628, info@parkinsonsresource.org

LONG BEACH

VA Long Beach Support Group

1st Saturdays, 1:00 pm - 2:30 pm
VA Long Beach Healthcare System, 5901 E
7th St, Long Beach, 90822. (562) 706-0740
megan.gomez@va.gov

Educational & Caregiver Meeting

1st Wednesdays, 6:30 pm - 8:30 pm
Cambrian Homecare Training Center, 5199
East PCH, Long Beach, 90804. (877) 775-
4111, info@parkinsonsresource.org

Long Beach Medical Center Support Group

2nd Wednesdays, 10:00am - 11:00am
LBMC, Miller Children's Pavilion, Conf. Room
C, 2801 Atlantic Avenue, Long Beach, 90806.
Theresa Stern, (714) 378-5022

LOS ANGELES

Downtown Support Group

2nd Saturdays, 10:00 am - 12:30 pm
Union Church of Los Angeles, 401 E 3rd St,
Los Angeles, 90013. (213) 629-3876

MANHATTAN BEACH

Manhattan Beach Educational Meeting

4th Tuesdays, 6:30 pm - 8:30 pm
American Martyrs Parish House, 659 15th St,
Manhattan Beach, 90266. (877) 774-4111,
info@parkinsonsresource.org

NEWPORT BEACH

Newport Beach Caregiver Only Meeting

2nd Thursdays, 6:30 - 8:30 pm
Oasis Senior Center, 801 Narcissus Ave,
Corona Del Mar, CA 92625
RSVP required: 760-773-5628,
info@parkinsonsresource.org

PALMDALE

PD Support Group of Antelope Valley

3rd Tuesdays, 10:00 am - 12:00 pm
Legacy Commons, 930 Ave Q-9, Palmdale,
93550, Joan Osborne, (661) 553-9011

PALM DESERT

Palm Desert Caregiver Meeting

For caregivers only
1st & 3rd Mondays, 10 - 11:30 am
74090 El Paseo, Suite #104 Palm Desert, CA
92260. RSVP required: 760-773-5628,
info@parkinsonsresource.org

RESEDA

Reseda Parkinson's Support Group

Weekly on Mondays, 1:30 pm
ONEgeneration Senior Center, 18255 Victory
Blvd., Reseda, 91335. (818) 705-2345

SAN MARINO

START ("Science, Therapy, Attitude, Research, Teamwork") support group

3rd Tuesdays, 3:00 – 5:00 pm
San Marino Community Church, 1750 Virginia
Road, San Marino, 91108. Barbara Miller,
(626) 284-7854, start4pd@gmail.com

SANTA MONICA

Caregiver & Person w/Parkinson's meeting

1st Thursdays, 7:00 pm – 9:00 pm
Rehab Specialists, 2730 Wilshire Blvd, Santa
Monica, 90403 Suite #533
(760) 773-5628, info@parkinsonsresource.org

Santa Monica Educational Meeting

3rd Thursdays, 7:00 pm – 9:00 pm
Rehab Specialists, 2730 Wilshire Blvd, Santa
Monica, 90403 Suite #533
(877) 774-4111, info@parkinsonsresource.org

SHERMAN OAKS

4th Thursdays, 1:00 pm - 2:30 pm
East Valley Adult Center, 5056 Van Nuys
Blvd, Sherman Oaks, 91403
John Mason, (310) 991-0787

SIERRA MADRE

3rd Thursdays, 6:30-8:00 pm
Kensington Assisted Living, 245 W. Sierra
Madre Blvd., Sierra Madre, 91024
ssciorba@kensingtonsl.com or (626) 355-
5700

SIMI VALLEY

Simi Valley Neurowellness support group

(open to those with PD and other neurological disorders)
4th Thursdays, 12 pm
CKO Kickboxing, 2955 Cochran St, Unit A1,
Simi Valley 93065
Contact Nikki Lian (805) 210-5880,
info@ckosimivalley.com

TORRANCE

People with Parkinson's South Bay

2nd Saturdays, 2:00 pm - 4:00 pm
Torrance Memorial, Hoffman Conf Center,
3330 Lomita Blvd., Torrance, 90505. Paul
Cohen, (310) 200-2575