PARKINSON’S DISEASE SUPPORT GROUPS IN LOS ANGELES COUNTY

www.pcla.org  •  info@pcla.org  •  (310) 880-3143

PCLA’S SUPPORT GROUPS

CULVER CITY
1st Fridays, 1-2:30 pm
Culver City Veterans Memorial Building, 4117 Overland Ave, Culver City, 90230.
Sandy Yaras, (323) 578-8865,
Letstalkaboutparkinsons@gmail.com

LOS ANGELES
“Let’s Talk About Parkinson’s” Group
2nd & 4th Thursdays, 11 am-12:30 pm
Bethel Lutheran Church – ELCA, 5750 W Olympic Blvd, LA, 90036. Sandy Yaras, (323) 578-8865,
Letstalkaboutparkinsons@gmail.com

LOS ANGELES
Young Onset & Young at Heart
Last Wednesdays, 7:30-9:00 pm
Cheviot Hills Recreation Center, 2551 Motor Ave, LA, 90064. Mike Weinman, (310) 344-5639, mikeweinman@ymail.com

LOS ANGELES
“Let’s Talk About Parkinson’s” Group
2nd & 4th Thursdays, 11 am-12:30 pm
Bethel Lutheran Church – ELCA, 5750 W Olympic Blvd, LA, 90036. Sandy Yaras, (323) 578-8865,
Letstalkaboutparkinsons@gmail.com

WESTWOOD
2nd Mondays, 10-11:30 am
Westwood Presbyterian, 10822 Wilshire Blvd, LA, 90024.
Nessa Weinman, (310) 717-8017, nessaweinman@yahoo.com

CULVER CITY
Educational PD Meeting
3rd Thursdays, 3:00 pm – 4:00 pm
Paloma Point, 10955 W Washington Blvd
Culver City, 90230. (760) 773-5628, info@parkinsonsresource.org

ENCINO
Encino Caregiver meeting
For caregivers only
3rd Wednesdays, 7:00 pm - 9:00 pm
Rehab Specialists, Inc., 5359 Balboa Blvd.,
Encino, 91316. (877) 775-4111, info@parkinsonsresource.org

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PCLA’S ONLINE PARKINSON’S SUPPORT GROUP
All you need is a computer/tablet with a camera, microphone, and web connection
Group meets every month: 2nd Tuesdays, 7 pm
Contact Sandy Yaras for info: (323) 578-8865, Letstalkaboutparkinsons@gmail.com

OTHER SUPPORT GROUPS THROUGHOUT LOS ANGELES COUNTY

* This list is compiled by PCLA as a community service. Inclusion does not imply endorsement. Support group times and locations sometimes change; please reach out to the group coordinator before attending to confirm*

BURBANK
Burbank Support Group
4th Thursdays, 10:30 am - 11:30 am
Providence St. Joseph, 501 S Buena Vista St,
Burbank, 91505. (818) 847-3271

CLAREMONT
Parkinson’s Explorers Support Group
2nd Saturdays, 10:00 am - 12:00 pm
Joslyn Senior Center, 660 N Mountain Ave,
Claremont, 91711. (909) 399-5488

Young Onset Support Group
3rd Saturdays, 10-11:30 am
The Claremont Club, 1777 Monte Vista Ave., Claremont, 91711. (909) 625-6791
Bonnie Varian (909) 947-0031
GLENDORA
Glendora Caregiver Meeting
For caregivers only
2nd Wednesdays, 6:30 - 8:30 pm
La Fetra Senior Center, 333 E Foothill Blvd, Glendora, CA 91741. RSVP required: 760-773-5628, info@parkinsonsresource.org

LONG BEACH
VA Long Beach Support Group
1st Saturdays, 1:00 pm - 2:30 pm
VA Long Beach Healthcare System, 5901 E 7th St, Long Beach, 90804. (562) 706-0740
megan.gomez@va.gov

Educational & Caregiver Meeting
1st Wednesdays, 6:30 pm - 8:30 pm
Cambrian Homecare Training Center, 5199 East PCH, Long Beach, 90804. (877) 775-4111, info@parkinsonsresource.org

Long Beach Medical Center Support Group
2nd Wednesdays, 10:00am - 11:00am
LBMC, Miller Children’s Pavilion, Conf. Room C, 2801 Atlantic Avenue, Long Beach, 90806. Theresa Stern, (714) 378-5022

LOS ANGELES
Downtown Support Group
2nd Saturdays, 10:00 am - 12:30 pm
Union Church of Los Angeles, 401 E 3rd St, Los Angeles, 90013. (213) 629-3876

MANHATTAN BEACH
Manhattan Beach Educational Meeting
4th Tuesdays, 6:30 pm - 8:30 pm
American Martyrs Parish House, 659 15th St, Manhattan Beach, 90266. (877) 774-4111, info@parkinsonsresource.org

NEWPORT BEACH
Newport Beach Caregiver Only Meeting
2nd Thursdays, 6:30 - 8:30 pm
Oasis Senior Center, 801 Narcissus Ave, Corona Del Mar, CA 92625
RSVP required: 760-773-5628, info@parkinsonsresource.org

PALMDALE
PD Support Group of Antelope Valley
3rd Tuesdays, 10:00 am - 12:00 pm
Legacy Commons, 930 Ave Q-9, Palmdale, 93550, Joan Osborne, (661) 553-9011

Palm Desert Caregiver Meeting
For caregivers only
1st & 3rd Mondays, 10 - 11:30 am
74090 El Paseo, Suite #104 Palm Desert, CA 92260. RSVP required: 760-773-5628, info@parkinsonsresource.org

RESEDA
Reseda Parkinson’s Support Group
Weekly on Mondays, 1:30 pm
ONEgeneration Senior Center, 18255 Victory Blvd., Reseda, 91335. (818) 705-2345

SAN MARINO
START (“Science, Therapy, Attitude, Research, Teamwork”) support group
3rd Tuesdays, 3:00 – 5:00 pm
San Marino Community Church, 1750 Virginia Road, San Marino, 91108. Barbara Miller, (626) 284-7854, start4pd@gmail.com

SANTA MONICA
Caregiver & Person w/Parkinson’s meeting
1st Thursdays, 7:00 pm – 9:00 pm
Rehab Specialists, 2730 Wilshire Blvd, Santa Monica, 90403 Suite #533
(760) 773-5628, info@parkinsonsresource.org

Santa Monica Educational Meeting
3rd Thursdays, 7:00 pm – 9:00 pm
Rehab Specialists, 2730 Wilshire Blvd, Santa Monica, 90403 Suite #533
(877) 774-4111, info@parkinsonsresource.org

SHERMAN OAKS
4th Thursdays, 1:00 pm - 2:30 pm
East Valley Adult Center, 5056 Van Nuys Blvd, Sherman Oaks, 91403
John Mason, (310) 991-0787

SIERRA MADRE
3rd Thursdays, 6:30-8:00 pm
Kensington Assisted Living, 245 W. Sierra Madre Blvd., Sierra Madre, 91024
ssciurba@kensingtonsl.com or (626) 355-5700

TORRANCE
People with Parkinson’s South Bay
2nd Saturdays, 2:00 pm - 4:00 pm
Torrance Memorial, Hoffman Conf Center, 3330 Lomita Blvd., Torrance, 90505. Paul Cohen, (310) 200-2575