



A resource from PCLA – updated August 2019

# PARKINSON'S DISEASE SUPPORT GROUPS IN LOS ANGELES COUNTY

[www.pcla.org](http://www.pcla.org) • [info@pcla.org](mailto:info@pcla.org) • (310) 880-3143

## PCLA'S SUPPORT GROUPS

### CULVER CITY

1st Fridays, 1-2:30 pm  
Culver City Veterans Memorial Building, 4117  
Overland Ave, Culver City, 90230.  
Sandy Yaras, (323) 578-8865,  
[Letstalkaboutparkinsons@gmail.com](mailto:Letstalkaboutparkinsons@gmail.com)

### LOS ANGELES

#### **Young Onset & Young at Heart**

Last Wednesdays, 7:30-9:00 pm  
Cheviot Hills Recreation Center, 2551 Motor  
Ave, LA, 90064. Mike Weinman, (310) 344-  
5639, [mikeweinman@ymail.com](mailto:mikeweinman@ymail.com)

### LOS ANGELES

#### **"Let's Talk About Parkinson's" Group**

2nd & 4th Thursdays, 11 am-12:30 pm  
Bethel Lutheran Church – ELCA, 5750 W  
Olympic Blvd, LA, 90036. Sandy Yaras, (323)  
578-8865,  
[Letstalkaboutparkinsons@gmail.com](mailto:Letstalkaboutparkinsons@gmail.com)

### WESTWOOD

2nd Mondays, 10-11:30 am  
Westwood Presbyterian, 10822 Wilshire Blvd,  
LA, 90024. Nessa Weinman, (310) 717-8017,  
[nessaweinman@yahoo.com](mailto:nessaweinman@yahoo.com)

## **PCLA'S ONLINE PARKINSON'S SUPPORT GROUP**

All you need is a computer/tablet with a camera, microphone, and web connection  
*Two meetings every month: 2nd Tuesdays, 10 am and 7:30 pm*

Contact Sandy Yaras for info: (323) 578-8865, [Letstalkaboutparkinsons@gmail.com](mailto:Letstalkaboutparkinsons@gmail.com)

## **OTHER SUPPORT GROUPS THROUGHOUT LOS ANGELES COUNTY**

*\* This list is compiled by PCLA as a community service. Inclusion does not imply endorsement. Support group times and locations sometimes change; please reach out to the group coordinator before attending to confirm\**

### BURBANK

#### **Burbank Support Group**

4th Thursdays, 10:30 am - 11:30 am  
Providence St. Joseph, 501 S Buena Vista St,  
Burbank, 91505. (818) 847-3271

### CLAREMONT

#### **Parkinson's Explorers Support Group**

2nd Saturdays, 10:00 am - 12:00 pm  
Joslyn Senior Center, 660 N Mountain Ave,  
Claremont, 91711. (909) 399-5488

#### **Young Onset Support Group**

3rd Saturdays, 10-11:30 am  
The Claremont Club, 1777 Monte Vista Ave.,  
Claremont, 91711. (909) 625-6791  
Bonnie Varian (909) 947-0031

### CULVER CITY

#### **Educational PD Meeting**

3rd Thursdays, 3:00 pm – 4:00 pm  
Paloma Point, 10955 W Washington Blvd  
Culver City, 90230. (760) 773-5628,  
[info@parkinsonsresource.org](mailto:info@parkinsonsresource.org)

### ENCINO

#### **Encino Educational PD meeting**

3rd Wednesdays, 7:00 pm - 9:00 pm  
Rehab Specialists, Inc., 5359 Balboa Blvd.,  
Encino, 91316. (877) 775-4111,  
[info@parkinsonsresource.org](mailto:info@parkinsonsresource.org)

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## **GLENDORA**

### **Educational & Caregiver Meeting**

2nd Wednesdays, 7:00 pm - 8:00 pm  
Foothill Rehab, 401 West Ada Avenue,  
Glendora, 91741. (760) 773-5628,  
[info@parkinsonsresource.org](mailto:info@parkinsonsresource.org)

## **LONG BEACH**

### **VA Long Beach Support Group**

1st Saturdays, 1:00 pm - 2:30 pm  
VA Long Beach Healthcare System, 5901 E  
7th St, Long Beach, 90822. (562) 826-8000

### **Educational & Caregiver Meeting**

1st Wednesdays, 6:30 pm - 8:30 pm  
Cambrian Homecare Training Center, 5199  
East PCH, Long Beach, 90804. (877) 775-  
4111, [info@parkinsonsresource.org](mailto:info@parkinsonsresource.org)

### **Long Beach Medical Center Support Group**

2nd Wednesdays, 10:00am - 11:00am  
LBMC, Miller Children's Pavilion, Conf. Room  
C, 2801 Atlantic Avenue, Long Beach, 90806.  
Theresa Stern, (714) 378-5022

## **LOS ANGELES**

### **Downtown Support Group**

2nd Saturdays, 10:00 am - 12:30 pm  
Union Church of Los Angeles, 401 E 3rd St,  
Los Angeles, 90013. (213) 629-3876

## **MANHATTAN BEACH**

### **Manhattan Beach Educational Meeting**

4th Tuesdays, 6:30 pm - 8:30 pm  
American Martyrs Parish House, 659 15th St,  
Manhattan Beach, 90266. (877) 774-4111,  
[info@parkinsonsresource.org](mailto:info@parkinsonsresource.org)

## **PALMDALE**

### **PD Support Group of Antelope Valley**

3rd Tuesdays, 10:00 am - 12:00 pm  
Legacy Commons, 930 Ave Q-9, Palmdale,  
93550, Joan Osborne, (661) 553-9011

## **RESEDA**

### **Reseda Parkinson's Support Group**

Weekly on Mondays, 1:30 pm  
ONEgeneration Senior Center, 18255 Victory  
Blvd., Reseda, 91335. (818) 705-2345

## **SAN MARINO**

### **START ("Science, Therapy, Attitude, Research, Teamwork") support group**

3rd Tuesdays, 3:00 – 5:00 pm  
San Marino Community Church, 1750 Virginia  
Road, San Marino, 91108. Barbara Miller,  
(626) 284-7854, [start4pd@gmail.com](mailto:start4pd@gmail.com)

## **SANTA MONICA**

### **Caregiver & Person w/Parkinson's meeting**

1st Thursdays, 7:00 pm – 9:00 pm  
Rehab Specialists, 2730 Wilshire Blvd, Santa  
Monica, 90403 Suite #533  
(760) 773-5628, [info@parkinsonsresource.org](mailto:info@parkinsonsresource.org)

### **Santa Monica Educational Meeting**

3rd Thursdays, 7:00 pm – 9:00 pm  
Rehab Specialists, 2730 Wilshire Blvd, Santa  
Monica, 90403 Suite #533  
(877) 774-4111, [info@parkinsonsresource.org](mailto:info@parkinsonsresource.org)

## **SHERMAN OAKS**

4th Thursdays, 1:00 pm - 2:30 pm  
East Valley Adult Center, 5056 Van Nuys  
Blvd, Sherman Oaks, 91403  
John Mason, (310) 991-0787

## **SIERRA MADRE**

3rd Thursdays, 6:30-8:00 pm  
Kensington Assisted Living, 245 W. Sierra  
Madre Blvd., Sierra Madre, 91024  
[ssciurba@kensingtonsl.com](mailto:ssciurba@kensingtonsl.com) or (626) 355-  
5700

## **TORRANCE**

### **People with Parkinson's South Bay**

2nd Saturdays, 2:00 pm - 4:00 pm  
Torrance Memorial, Hoffman Conf Center,  
3330 Lomita Blvd., Torrance, 90505. Paul  
Cohen, (310) 200-2575

**Questions about living with PD?**

**We can help!**

**Reach out to our information line:**

(310) 880-3143 or [info@pcla.org](mailto:info@pcla.org)

Visit us online at [www.pcla.org](http://www.pcla.org)